

CERTIFICATE OF PARTICIPATION

This is to certify that

Lourence Nieuwoudt
0649

Has successfully participated & completed the
Sprint Duathlon (Grey) TinMan Joburg #4
held at Prime View.

TIME 01:50:52

PACE 15.15km/h
OVERALL 13 of 24

GENDER 12 of 20
55 - 59 1 of 1

11 October 2026, Sun

Date



BoutTime

Signature

