

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Michael Bowen**

Has successfully participated & completed the

**10km RTV 2026 #6**

held at Vrede en Lust.

**TIME 01:21:57**

**PACE 08:10/km**

**OVERALL 83 of 123**

**GENDER 39 of 51**

**40 - 49 15 of 16**

06 June 2026, Sat

Date



*BoutTime*

Signature

