

# CERTIFICATE OF PARTICIPATION

This is to certify that

**SF De Ridder**

Has successfully participated & completed the

**5km Montagu Trail Run**

held at Montagu Trails Park.

**TIME 00:41:20**

**PACE 08:15/km**

**GENDER 6 of 9**

**OVERALL 10 of 18**

**OPEN 1 of 3**

31 May 2026, Sun

Date



*BoutTime*

Signature

