



CERTIFICATE OF PARTICIPATION

This is to certify that

Abrie Senekal

Has successfully participated & completed the

4.5km Trail Run Plasie Trail Run

held at Merensky High School.

TIME 00:58:51

PACE 11:45/km

**GENDER 173 of
238**

OVERALL 257 of 355

60 - 69 10 of 22

19 September 2026, Sat

Date



BoutTime

Signature

