

CERTIFICATE OF PARTICIPATION

This is to certify that

Adriaan De Waal

Has successfully participated & completed the

21km Trail Run Around The Rock #2 Spice Route

held at Spice Route.

TIME 02:23:15

PACE 06:48/km

OVERALL 13 of 23

GENDER 10 of 12

40 - 49 2 of 3

18 October 2025, Sat

Date



BoutTime

Signature

