

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Amy Frantz Frantz**

Has successfully participated & completed the

**5km Adult Running for Transformation 2026**

held at SACS, Newlands Avenue.

**TIME 01:07:35**

**PACE 13:30/km**

**GENDER 156 of  
192**

**OVERALL 220 of 266**

**OPEN 90 of 109**

16 June 2026, Tue

Date



*BoutTime*

Signature

