

CERTIFICATE OF PARTICIPATION

This is to certify that

Arno Lourens

Has successfully participated & completed the
10Km Fresh@Groenkloof Nature Reserve
held at Groenkloof Nature Reserve .

TIME 01:37:15

PACE 09:42/km
OVERALL 50 of 71

GENDER 25 of 27
40 - 49 13 of 13

08 March 2026, Sun

Date



BoutTime

Signature

