

CERTIFICATE OF PARTICIPATION

This is to certify that

Barend Spreeth

Has successfully participated & completed the

9km Trail Run Plasie Trail Run

held at Merensky High School.

TIME 01:00:22

PACE 06:42/km

OVERALL 49 of 144

GENDER 29 of 49

OPEN 11 of 17

19 September 2026, Sat

Date



BoutTime

Signature

