



CERTIFICATE OF PARTICIPATION

This is to certify that

Carmé Louw

Has successfully participated & completed the

4.5km Trail Run Plasie Trail Run

held at Merensky High School.

TIME 00:46:14

PACE 09:13/km

GENDER 106 of 238

OVERALL 174 of 355

14 - 19 56 of 91

19 September 2026, Sat

Date



BoutTime

Signature