

CERTIFICATE

OF PARTICIPATION

This is to certify that

Carmen Henning

Has successfully participated & completed the

Cross Duathlon - Short Curro College Cross- Tri & Dua #1 (Off Road)

held at Curro College Hazeldean.

TIME 01:33:41

PACE 16.65km/h

OVERALL 4 of 4

GENDER 2 of 2

30 - 34 1 of 1

07 December 2025, Sun

Date



Bout Time

Signature