

# CERTIFICATE OF PARTICIPATION

This is to certify that

## Carmen Poo

Has successfully participated & completed the  
**10km Adult Running for Transformation 2026**

held at SACS, Newlands Avenue.

**TIME 01:45:59**

**PACE 10:34/km**

**GENDER 252 of  
331**

**OVERALL 443 of 554**

**40 - 49 57 of 80**

16 June 2026, Tue

Date



*BoutTime*

Signature

