

CERTIFICATE OF PARTICIPATION

This is to certify that

Courtneigh Frolicks

Has successfully participated & completed the

5 km The Pink Xtreme Trail Run 2025

held at Vrede en Lust.

TIME 00:45:28

PACE 09:04/km

OVERALL 94 of 271

GENDER 45 of 103

OPEN 20 of 34

04 October 2025, Sat

Date



BoutTime

Signature

