

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Elizabeth Heeger**

Has successfully participated & completed the

**5km Adult Running for Transformation 2026**

held at SACS, Newlands Avenue.

**TIME 00:57:22**

**PACE 11:27/km**

**GENDER 106 of  
192**

**OVERALL 160 of 266**

**50 - 59 12 of 19**

16 June 2026, Tue

Date



*BoutTime*

Signature

