

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Elmé Middlemost

Has successfully participated & completed the

15km In Touch Trail Series 2025 - Christmas Finale

held at Zevenwacht Wine Estate.

**TIME** 01:20:27

**PACE** 05:21/km

**OVERALL** 1 of 22

**GENDER** 1 of 15

40 - 49 1 of 4

07 December 2025, Sun

Date

