

CERTIFICATE OF PARTICIPATION

This is to certify that

Freddie Thiem

Has successfully participated & completed the

10km '25 Cape Prestige #3

held at Druk My Niet Wine Farm, Paarl.

TIME 01:10:40

PACE 07:03/km

OVERALL 5 of 55

GENDER 2 of 22

60 - 69 1 of 5

19 October 2025, Sun

Date



BoutTime

Signature

