

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Frederick Johannes  
Terblanche**

Has successfully participated & completed the

**15km Royal Swimming Academy: Legbreaker Trail Run 2025**

held at Air Field Denneoord 11th Ave Denneoord G.

**TIME 01:51:06**

**PACE 07:24/km**

**OVERALL 38 of 74**

**GENDER 26 of 33**

**40 - 49 4 of 5**

23 August 2025, Sat

Date



*BoutTime*

Signature

