

CERTIFICATE OF PARTICIPATION

This is to certify that

Frederika Rossouw

Has successfully participated & completed the

Duathlon Standard Prime View Cross Duathlon #3

held at Prime View.

TIME 01:59:34

PACE 03:36/km

OVERALL 4 of 23

GENDER 1 of 7

40 - 49 1 of 2

26 July 2026, Sun

Date



BoutTime

Signature

