

CERTIFICATE

OF PARTICIPATION

This is to certify that

Friedrich Springhorn

Has successfully participated & completed the

10km Trail Run Glen Aggy Trail Run 2025

held at Plaas Glen Aggy.

TIME 01:25:15

PACE 08:30/km

OVERALL 70 of 140

GENDER 39 of 57

40 - 49 12 of 19

04 October 2025, Sat

Date



BoutTime