

CERTIFICATE OF PARTICIPATION

This is to certify that

Greg Nerf

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 13:45:21

PACE 15:00/km

**GENDER 162 of
172**

OVERALL 236 of 248

50 - 59 32 of 32

30 August 2025, Sat

Date



BoutTime

Signature

