BOUTTIME
INSTANT RESULTS

CERTIFICATE

OF PARTICIPATION

This is to certify that

Helen Van der Horst

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 10:59:31

PACE 11:58/km

GENDER 56 of 76

OVERALL 185 of 248

OPEN 29 of 33

30 August 2025, Sat

Date

BoutTime

Signature