

CERTIFICATE OF PARTICIPATION

This is to certify that

**Helena Van Der
Woude**

Has successfully participated & completed the

21 Km Elandskloof Trail Run 2025

held at Elandskloof Farm, Dullstroom.

TIME 04:05:20

PACE 11:39/km

OVERALL 36 of 38

GENDER 15 of 16

40 - 49 7 of 8

22 November 2025, Sat

Date



BoutTime

Signature

