

CERTIFICATE

OF PARTICIPATION

This is to certify that

Helena Van Niekerk

Has successfully participated & completed the

21km '25 Cape Prestige #1

held at Anura Vineyards.

TIME 02:09:59

PACE 06:10/km

OVERALL 21 of 37

GENDER 7 of 18

40 - 49 2 of 5

16 August 2025, Sat

Date



BoutTime