

CERTIFICATE

OF PARTICIPATION

This is to certify that

Helena White

Has successfully participated & completed the

10km '25 Cape Prestige #3

held at Druk My Niet Wine Farm, Paarl.

TIME 02:10:49

PACE 13:03/km

OVERALL 43 of 55

GENDER 28 of 33

OPEN 11 of 13

19 October 2025, Sun

Date



