

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Helet Kriek**

Has successfully participated & completed the  
**5km Family Fun Run Royal Swimming Academy: Legbreaker Trail  
Run 2025**

held at Air Field Denneoord 11th Ave Denneoord G.

**TIME 00:45:55**

**PACE 09:10/km**  
**OVERALL 24 of 46**

**GENDER 12 of 29**  
**40 - 49 4 of 5**

23 August 2025, Sat

Date



*BoutTime*

Signature

