



CERTIFICATE OF PARTICIPATION

This is to certify that

Hendrik De Lange

Has successfully participated & completed the

4.5km Trail Run Plasie Trail Run

held at Merensky High School.

TIME 01:21:32

PACE 16:18/km

GENDER 104 of 117

OVERALL 317 of 355

70 - 79 2 of 2

19 September 2026, Sat

Date



BoutTime

Signature