

CERTIFICATE OF PARTICIPATION

This is to certify that

**Hendrik Willem De
Waal**

Has successfully participated & completed the

14km Trail Run Spekbos Josty Trail Run Challenge 2025

held at Lategansvlei Soccer Stadium, Oudtshoorn.

TIME 01:43:20

PACE 07:21/km

OVERALL 14 of 46

GENDER 11 of 18

14 - 19 4 of 5

22 November 2025, Sat

Date



BoutTime

Signature

