

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ilze De Kock**

Has successfully participated & completed the

**10km '25 Cape Prestige #1**

held at Anura Vineyards.

**TIME 01:07:25**

**PACE 06:43/km**

**OVERALL 16 of 59**

**GENDER 9 of 41**

**40 - 49 5 of 17**

16 August 2025, Sat

Date



*BoutTime*

Signature

