

CERTIFICATE OF PARTICIPATION

This is to certify that

James Forrest

Has successfully participated & completed the
5km Adult Running for Transformation 2026

held at SACS, Newlands Avenue.

TIME 00:27:25

PACE 05:28/km

GENDER 2 of 74

OVERALL 3 of 266

60 - 69 1 of 5

16 June 2026, Tue

Date



BoutTime

Signature

