

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Johan Abrahams**

Has successfully participated & completed the  
**10Km Fresh@Groenkloof Nature Reserve**  
held at Groenkloof Nature Reserve .

**TIME 01:26:11**

**PACE 08:36/km**  
**OVERALL 36 of 71**

**GENDER 19 of 27**  
**60 - 69 1 of 1**

08 March 2026, Sun

Date



*BoutTime*

Signature

