

CERTIFICATE OF PARTICIPATION

This is to certify that

John Lowe

Has successfully participated & completed the
10km Adult Running for Transformation 2026

held at SACS, Newlands Avenue.

TIME 01:07:45

PACE 06:45/km

**GENDER 125 of
223**

OVERALL 204 of 554

50 - 59 18 of 34

16 June 2026, Tue

Date



BoutTime

Signature

