

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Jonas Föllmi

Has successfully participated & completed the

21km Trail Run Around The Rock #3 Laborie

held at Laborie Wine Farm, Paarl.

**TIME** 02:38:41

**PACE** 07:33/km

**OVERALL** 13 of 16

**GENDER** 9 of 10

**OPEN** 6 of 7

09 November 2025, Sun

Date



