

CERTIFICATE OF PARTICIPATION

This is to certify that

Lara Pretorius

Has successfully participated & completed the

10km Run or Hike Misty Ridge Trail Run

held at Potato Seed Production (Farm Sterkspruit, Lydenburg.

TIME 02:10:21

PACE 13:01/km

GENDER 32 of 44

OVERALL 55 of 71

50 - 59 7 of 10

07 March 2026, Sat

Date



BoutTime

Signature

