

CERTIFICATE OF PARTICIPATION

This is to certify that

Lhalhi Frans

Has successfully participated & completed the
10km Adult Running for Transformation 2026

held at SACS, Newlands Avenue.

TIME 01:11:37

PACE 07:09/km

**GENDER 109 of
331**

OVERALL 260 of 554

40 - 49 26 of 80

16 June 2026, Tue

Date



BoutTime

Signature

