

CERTIFICATE OF PARTICIPATION

This is to certify that

Liesl De Koning

Has successfully participated & completed the
10km Adult Running for Transformation 2026

held at SACS, Newlands Avenue.

TIME 01:13:52

PACE 07:22/km

**GENDER 126 of
331**

OVERALL 286 of 554

40 - 49 29 of 80

16 June 2026, Tue

Date



BoutTime

Signature

