

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Liezel De Beer

Has successfully participated & completed the

5km Trail Run Cool Intentions Charity Trail Run

held at Anura Wine Esate.

**TIME** 01:00:03

PACE 12:00/km

**OVERALL** 93 of 145

**GENDER** 45 of 80

**50 - 59** 8 of 18

15 November 2025, Sat

Date



Bout Lime
Signature