

CERTIFICATE

OF PARTICIPATION

This is to certify that

Liezl Nel

Has successfully participated & completed the

5km Trail Run Cool Intentions Charity Trail Run

held at Anura Wine Esate.

TIME 00:38:30

PACE 07:42/km

OVERALL 23 of 145

GENDER 7 of 80

OPEN 4 of 31

15 November 2025, Sat

Date



BoutTime

Signature