

CERTIFICATE OF PARTICIPATION

This is to certify that

Lilize Du Plessis

Has successfully participated & completed the

9km Trail Run Plasie Trail Run

held at Merensky High School.

TIME 01:40:13

PACE 11:07/km

GENDER 72 of 95

OVERALL 114 of 144

40 - 49 22 of 23

19 September 2026, Sat

Date



BoutTime

Signature

