

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lise Du Toit

Has successfully participated & completed the

5km Trail Run Cool Intentions Charity Trail Run

held at Anura Wine Esate.

TIME 00:46:16

PACE 09:15/km

OVERALL 46 of 145

GENDER 19 of 80

OPEN 8 of 31

15 November 2025, Sat

Date



BoutTime