

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lize Heerschap

Has successfully participated & completed the

5km Rose Run Run Theuniskraal Trail Run

held at Theuniskraal Wines.

TIME 00:28:27

PACE 05:40/km

OVERALL 5 of 38

GENDER 2 of 27

14 - 19 2 of 5

28 June 2025, Sat

Date



BoutTime

Signature