

CERTIFICATE

OF PARTICIPATION

This is to certify that

Louis Gouws

Has successfully participated & completed the

Stage Race Long (Day 3) Eselfontein Trail Run Stage Race - Day 3

held at Eselfontein.

TIME 01:31:51

PACE 06:33/km

OVERALL 9 of 19

GENDER 8 of 11

OPEN 4 of 5

26 October 2025, Sun

Date



