

CERTIFICATE OF PARTICIPATION

This is to certify that

**Lumka Sonamzi-
Speelman**

Has successfully participated & completed the
5km Adult Running for Transformation 2026

held at SACS, Newlands Avenue.

TIME 01:01:54

PACE 12:21/km

**GENDER 135 of
192**

OVERALL 192 of 266

40 - 49 21 of 42

16 June 2026, Tue

Date



BoutTime

Signature

