

CERTIFICATE OF PARTICIPATION

This is to certify that

**Lunghile
Shikwambana-
Phakula**

Has successfully participated & completed the

5Km Fresh@Groenkloof Nature Reserve

held at Groenkloof Nature Reserve .

TIME 01:07:35

PACE 13:30/km

GENDER 21 of 39

OVERALL 38 of 60

OPEN 8 of 14

08 March 2026, Sun

Date



BoutTime

Signature

