

CERTIFICATE

OF PARTICIPATION

This is to certify that

Melanie Nieuwoudt

Has successfully participated & completed the

10km Trail Run Around The Rock #3 Laborie

held at Laborie Wine Farm, Paarl.

TIME 01:37:53

PACE 09:46/km

OVERALL 34 of 48

09 November 2025, Sun

Date

GENDER 21 of 30

50 - 59 5 of 5



BoutTime

Signature