



CERTIFICATE OF PARTICIPATION

This is to certify that

Mieke van Zyl

Has successfully participated & completed the

5km Stap Die Groot Stap

held at Die Bosveld.

TIME 01:22:43

PACE 16:31/km

GENDER 66 of 118

OVERALL 105 of 199

14 - 19 7 of 7

08 November 2025, Sat

Date



BoutTime

Signature