



CERTIFICATE OF PARTICIPATION

This is to certify that

Mj Pohl

Has successfully participated & completed the

4.5km Trail Run Plasie Trail Run

held at Merensky High School.

TIME 00:23:01

PACE 04:36/km

OVERALL 18 of 355

GENDER 11 of 117

14 - 19 4 of 45

19 September 2026, Sat

Date



BoutTime

Signature