

CERTIFICATE OF PARTICIPATION

This is to certify that

Mmapulah Sinah

Has successfully participated & completed the

5Km Fresh @ Wolwe & Waterkloof Spruit 2026

held at Wolwespruit MTB park.

TIME 01:29:35

PACE 17:54/km

GENDER 58 of 63

OVERALL 97 of 103

40 - 49 18 of 20

12 April 2026, Sun

Date



BoutTime

Signature

