

CERTIFICATE OF PARTICIPATION

This is to certify that

Mona-Mare Griffioen

Has successfully participated & completed the

14km Trail Run Spekbos Josty Trail Run Challenge 2025

held at Lategansvlei Soccer Stadium, Oudtshoorn.

TIME 01:33:00

PACE 06:37/km

GENDER 3 of 28

OVERALL 11 of 46

50 - 59 1 of 11

22 November 2025, Sat

Date



BoutTime

Signature

