

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Nadia Krugel**

Has successfully participated & completed the  
**5km Trail Run Cool Intentions Charity Trail Run**

held at Anura Wine Estate.

**TIME 00:45:48**

**PACE 09:09/km**  
**OVERALL 45 of 145**

**GENDER 18 of 80**  
**OPEN 7 of 31**

15 November 2025, Sat

Date



*BoutTime*

Signature

