

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Natascha Van Zyl**

Has successfully participated & completed the  
**17Km Fresh@Groenkloof Nature Reserve**  
held at Groenkloof Nature Reserve .

**TIME 01:55:26**

**PACE 06:46/km**  
**OVERALL 16 of 67**

**GENDER 5 of 26**  
**40 - 49 4 of 15**

08 March 2026, Sun

Date



*BoutTime*

Signature

