

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Neddy Zizhou**

Has successfully participated & completed the  
**5km Trail Run Glen Aggy Trail Run 2025**  
held at Plaas Glen Aggy.

**TIME 01:33:12**

**PACE 18:37/km**

**GENDER 139 of  
169**

**OVERALL 252 of 302**

**40 - 49 34 of 37**

04 October 2025, Sat

Date



*BoutTime*

Signature

